

Seen on 'Shark Tank': The Reality of Keto Diet Pills

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[Gemini Keto Gummies Review. Keto Diet and the Gallbladder](#)



[How does a keto diet affect the gallbladder? Does the high-fat content harm the gallbladder in the long run? Does it increase your risk of gallstones? Can you eat keto without a gallbladder? We'll answer these questions in this video. Pure Encapsulation Digestive Enzymes: \[https://www.purecapspro.com/drbeckyfitness/pe/products/product_details.asp?ProductsID=957\]\(https://www.purecapspro.com/drbeckyfitness/pe/products/product_details.asp?ProductsID=957\) \(affiliate/paid link\) ***** Take our 21-Day KETO Challenge and get daily keto menus sent to your email inbox! <https://www.drbeckyfitness.com/21-day-keto-challenge/> Get started with our Free Starter Kit \(includes our 0,1,2,3 Strategy\): <https://www.drbeckyfitness.com/get-started/> Want more? Join our Freedom Weight Loss Coaching Program: <https://www.drbeckyfitness.com/weight-loss-coaching-program-fhp-2/> Get Dr. Becky's book on Amazon or your favorite retailer: <https://www.drbeckyfitness.com/book> Want to throw a party AND stick with your Keto Diet? Grab our Keto Party Plan \(delicious\) <https://www.drbeckyfitness.com/2-fit-docs-keto-party/> For Products Shown in our Videos: <http://www.amazon.com/shop/beckygillaspy> \(affiliate/paid link\) Link to Dr. Becky's 2nd YouTube Channel: <https://www.youtube.com/beckygillaspy> More Videos: 5 Keto Tips for The Over 50 Crowd <https://youtu.be/k-trjdVzEqw> Top 10 Foods to Get Keto-Adapted Quickly: <https://youtu.be/0xdtw8bCQb0> Dr. Keith's Complete Transformation: <http://bit.ly/2Gjn4Uw> Can I Eat High Fat Without a Gallbladder? <https://youtu.be/CgDs7FQsXZI> Should You Be Taking MCT Oil? <https://youtu.be/iytLvELY5Vo> Credit for Gallstone Picture: \[www.scientificanimations.com\]\(http://www.scientificanimations.com\) uploaded by Manu5 on Jul 2, 2019 Link: <http://www.scientificanimations.com/wiki-images/> ***** Disclaimer: Dr. Becky Gillaspay, DC received her Doctor of Chiropractic degree from Palmer College of Chiropractic in 1991. Her use of "doctor" or "Dr." in relation to herself solely refers to that degree. Dr. Gillaspay was a licensed chiropractor in Pennsylvania, but she no longer practices chiropractic in any state and does not see patients. Dr. Keith Gillaspay, DC, CFMP received his Doctor of Chiropractic degree from Palmer College of Chiropractic in 1991. He also completed 300 hours of post-graduate study resulting in his certification in Functional Medicine. His use of "doctor" or "Dr." in relation to himself solely refers to](#)

that degree. Dr. Gillaspy is a licensed chiropractor in Pennsylvania, and continues to practice in Pennsylvania and see patients. This video is for general informational purposes only. It should not be used to self-diagnose and it is not a substitute for a medical exam, cure, treatment, diagnosis, and prescription or recommendation. It does not create a doctor-patient relationship between Dr. Gillaspy and you. You should not make any change in your health regimen or diet before first consulting a physician and obtaining a medical exam, diagnosis, and recommendation. Always seek the advice of a physician or other qualified health provider with any questions you may have regarding a medical condition. Dr Becky Fitness LLC and Drs. Rebecca Gillaspy, D.C. and Dr. Keith Gillaspy, D.C. are not liable or responsible for any advice, course of treatment, diagnosis or any conclusions drawn, services or product you obtain through this video or site.

Keto Diet and the Gallbladder



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