

Apple Keto Gummies Price: Is It Worth the Investment?

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[Does Oprah Recommend Keto Gummies. Keto Side Effects Tell Deeper Story - Dr. Berg](#)



Download My FREE PDF: Easy Keto and Intermittent Fasting <https://drberg.co/3KOZQbO> For more info on health-related topics, go here: <http://bit.ly/39xP4ld> WHAT VIDEO TOPIC ARE YOU INTERESTED: <http://bit.ly/2G3uVZY> Take Dr. Berg's Free Keto Mini-Course: <http://pxlme.me/-i717vtY> or go here: <http://bit.ly/2RmaFDS> Download Keto Essentials <http://bit.ly/2DH0d6o> In this video, Dr. Berg talks about Keto(ketogenic diet) side effects and how it reveals a deeper story of what's going on in the body. Keto and intermittent fasting magnify subclinical deficiencies because when you do Keto, the demand for certain nutrients goes up. â€ Nausea â€ Gallbladder Problems â€ Fatigue â€ Low vitamin B1 (Thiamin)/ Magnesium â€ Flu â€ Low Salt / Sodium Deficiency â€ Bloat â€ SIBO or Small Intestinal Bacterial Overgrowth â€ Gout â€ Too much protein â€ Dark Urine â€ Dehydrated â€ Rash â€ Low B3 â€ Cramp â€ Low Magnesium, Low Potassium â€ Bleeding Gums â€ Low Vitamin C Dr. Eric Berg DC Bio: Dr. Berg, age 56, is a chiropractor who specializes in Healthy Ketosis & Intermittent Fasting. He is the author of the best-selling book The Healthy Keto Plan, and is the Director of Dr. Berg Nutritionals. He no longer practices, but focuses on health education through social media. Follow Me On Social Media: Facebook: <https://bit.ly/FB-DrBerg> Instagram: <https://bit.ly/IG-DrBerg> TikTok: <https://bit.ly/TikTok-DrBerg> DR. BERG'S SHOP: <http://shop.drberg.com/> ABOUT DR. BERG: <https://www.drberg.com/dr-eric-berg/bio> Disclaimer: Dr. Eric Berg received his Doctor of Chiropractic degree from Palmer College of Chiropractic in 1988. His use of "doctor" or "Dr." in relation to himself solely refers to that degree. Dr. Berg is a licensed chiropractor in Virginia, California, and Louisiana, but he no longer practices chiropractic in any state and does not see patients so he can focus on educating people as a full time activity, yet he maintains an active license. This video is for general informational purposes only. It should not be used to self-diagnose and it is not a substitute for a medical exam, cure, treatment, diagnosis, and prescription or recommendation. It does not create a doctor-patient relationship between Dr. Berg and you. You should not make any change in your health regimen or diet before first consulting a physician and obtaining a medical exam, diagnosis, and

[recommendation. Always seek the advice of a physician or other qualified health provider with any questions you may have regarding a medical condition. #keto #ketodiet #weightloss #ketosis](#)

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Keto Gummies In Store: Locating the Best Keto Supplements Near You, â€œ3-Step Guide to Choosing the Best GLP-1 Drug for Your Weight Goalsâ€ - cpe3035, Advanced Keto ACV Gummies: The Next Level of Ketogenic Support